



CMTUK Annual Report

2024 - 2025



cmt.org.uk



**CMT United Kingdom
(A company limited by guarantee)**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2025**

The Directors and Trustees are pleased to present their annual report together with the financial statements of the charity for the year ended 30th September 2025.

The Organisation

CMT United Kingdom (CMTUK) is a company limited and a Registered Charity operating as Charcot-Marie-Tooth UK (CMTUK).

The Directors of the charitable company ('the charity') are its Trustees for the purpose of charity law and within this report are collectively referred to as the Trustees.

**The charity is incorporated in England
Company Registration Number: 05574584
Charity Registration Number: 1112370**

Registered Office:

**7a Churchill Court,
33 Palmerston Road,
Bournemouth, Dorset BH1 4HN**

Independent Examiner:

**Miss J A Richardson FCA FCCA DChA
32 Award Road
Wimborne, Dorset BH21 7NT**



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This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.



Directors and Trustees 2024-2025



Anton James
Chair of Trustee Board,
Chair of Finance
Committee



Thomas Henderson
Vice Chair
and Treasurer



Sophie Arnold
Trustee



Denise James
Trustee



Pete Kraushaar
Trustee



Vicky Thorpe
Trustee



Wendy Kane
Trustee
(appointed 10 May 2025)



Sam Baller
Trustee
(appointed 10 May 2025)



Anthony Brown
Co-opted Trustee
(16 September 2025)



Karin Rodgers
Trustee
(resigned April 2025)

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th September 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES
Governing Document

The company was incorporated on 26 September 2005. The current Articles of Association were adopted by resolution on 25 September 2020. The company was registered as a charity on 2 December 2005.

Aims and Objectives

We exist to assist, advise and inform people with Charcot Marie Tooth and HNPP in the UK, in addition to this we aim to:

- Improve communication and services for members
- Increase awareness of Charcot Marie Tooth in the medical profession and the public across the UK
- Generate positive media coverage to help people affected by Charcot Marie Tooth
- Support medical research into Charcot Marie Tooth
- Raise funds to further the above aims

Our Objectives are:

- To provide the best possible Information and Support Service to our members by phone, email, letter and in person, and to support this with high quality, reputable information, regularly reviewed and updated.
- To help safeguard and strengthen the CMT United Kingdom's membership and to enhance its reputation as a leading charity in this field.
- To support and promote positive communications within the organisation and mutually benefit engagement with members via a website, social media presence, a lively full colour magazine, and occasional e-newsletter.
- To encourage members to attend events which give members the opportunity to network with each other, and to learn from medical professionals - many of whom are leaders in their field.
- To provide activities for children and young people living with Charcot Marie Tooth.
- To develop stronger partnerships and mutual understanding with other groups and organisations both nationally and internationally.
- To support medical research which will improve treatment of the condition with the ultimate goal of discovering a cure.
- To attend events and activities, which build on opportunities that are relevant to the CMT United Kingdom's mission.
- To support the achievement of the above by maintaining high levels of management and financial probity.

Public benefit

The Trustees confirm that they have referred to the information contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives.

Trustee Appointment, Induction and Training

The Governing Trustees were appointed by their experience and expertise. Subsequent Trustees will be appointed as and when the need arises. New Trustees are made aware of their role and responsibility as a Trustee, the role of the Charity Commission, decision making processes and will be able to field any questions they may have from the documentation which has been provided to them namely, the Annual Report of Accounts, Trustee Report and directed to the Fundraising Regulator website. All Trustees are made aware of external training events and are encouraged to attend. The Trustees meet regularly throughout the year and hold an Annual General Meeting once a year.

Activities

The Board of Trustees are satisfied with the performance of the charity during this period and with the position at 30th September 2025 and consider that the charity is in a reasonable position to continue and expand its activities in the coming year.





Chairman's Report

Chairman's Annual Report
30th September 2025

The charity has adopted a new reserves policy which is intended to provide a financial buffer against unforeseen circumstances and to ensure the charity's continued operation. The policy takes into account three areas (the three Ps) People, Property and Plans. The board look to maintain an amount not less than that needed to continue operating for six months.

The Annual General Meeting and Conference were again held at the Stratford Manor Hotel. Attendance was good, presentations included Podiatry Services sharing your experiences, Acceptance and Positivity, and an interview with Emma Lines.

Following the resignation of trustee, Karin Rogers, a new CMT Kids committee was formed in order to organise the CMT Kids going forward. The committee is led by trustees Sam, with Vicky and Sophie. They have organised, with help from the office, a Big Kids Weekend to be held at in the Lake District and so far I am pleased to say that it looks to be very successful and well attended.

Plans are in place for October 2025 awareness month and I am hopeful the new website will be initiated by the 1st Oct.

The "Move a Mile a Day" fundraiser (previously CMT Kids initiative) was moved to a Charity-wide initiative and was very well supported throughout May.

During this year the charity has attended the Foot and Ankle Annual conference in Liverpool and is planning to attend the Royal College of Podiatry Conference in Glasgow. We have also attended and maintained close ties with the European CMT Federation.

Dr Anthony Brown joined the board, and with the recommendation of the trustees, of being voted on to the board at the next AGM.

The local groups have gone from strength to strength with regular online meet ups and some face to face meets during the warmer months. The carers groups are well attended and are a good place to exchange ideas with others who have a common interest.

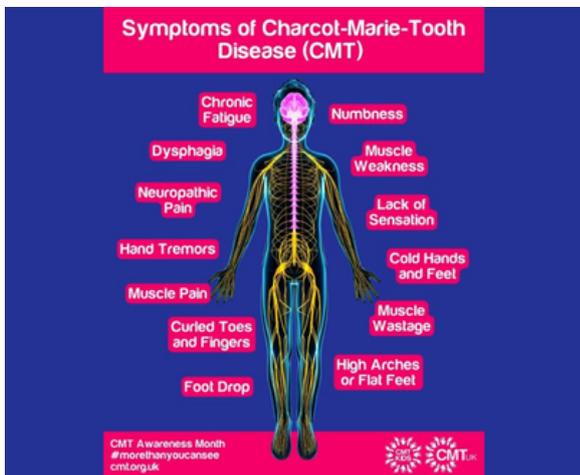
A new North East group has been started up and is gaining lots of new members. A new North West group, is getting started, and looks very popular in that area. Future plans include starting groups in Wales and Devon/Cornwall.

Captain Anton James,
Chairman

Summary of the activities and main achievements of the charity during the year.

Annual Awareness Campaign

- The year CMTUK worked with BizEngine and Mushroom Marketing and PR for the annual awareness month in October.



Support Groups

CMTUK facilitates a number of support groups; Regional and Dedicated.

Regional Support Groups

Regional Support Groups meet both on zoom and in person. CMTUK have continued to offer the facility to host meetings online with groups able to use whichever format suits their members, including a mix of in person and online.

Each group has a volunteer coordinator who arrange, through the office, dates for meetings and activities.

Growing the network of Regional Support Groups remains an important target for the charity. There are currently groups covering: Hampshire & Sussex, Gloucestershire, Kent, East Midlands, West Midlands, London, North West, North East, and Scotland.

Dedicated Support Groups

They are two dedicated support groups:

- Carer's (Adult) Support Group
- Parents and Carer's (Children) Support Group

These meet monthly and aim to offer peer support to members' carers, and those with children living with CMT.

CMTUK is very open to hosting other support groups if/when a need is identified.



West Midlands Support Group
Meet-up in Solihull



Gloucestershire Support Group
Day Out to Crickley Hill

Annual General Meeting

The AGM was held on 10 May 2025, at the Stratford Manor Hotel in Stratford Upon Avon, prior to the conference. The meeting agreed the accounts, treasurers report and the election of two trustees: Wendy Kane and Sam Baller were both elected to the board.



Wendy Kane
Trustee
(appointed 10 May 2025)



Sam Baller
Trustee
(appointed 10 May 2025)



Conference 2025

EXPLORING THE FUTURE

The **CMTUK Annual Conference 2025** was held in person on **10 May 2025** at the Stratford Manor Hotel, Warwick Road, Stratford CV37 0PY and was **attended by 136 people**.

We had a number of speakers covering a range of subjects:



Dr Alexander Rossor - Consultant Neurologist

Dr Rossor, who has a subspecialty interest in CMT and related disorders, provided a brief overview of CMT and highlighted recent research advances in the field and current and future clinical trials. Dr Rossor set up the UK CMT research registry, which has been part-funded by CMTUK.



Captain Anton James - CMTUK Chair of Trustee Board

Anton reflected on living with CMT and lessons from his career at sea, focusing on acceptance, positivity, and embracing challenges rather than resisting them. His talk inspired attendees to move forward with strength and resilience.



Wendy Kane - CMTUK Trustee

Wendy's talk, "Stepping Forward: The State of Podiatry for People with CMT in the UK," explored challenges in accessing podiatry services and their impact on mobility and quality of life. She highlighted barriers to care, shared potential solutions, and led a collaborative discussion on how CMTUK can advocate for better support.



**Mr Matthew Welck
Consultant Orthopaedic Foot & Ankle Surgeon**

Mr Welck discussed what happens to the foot in CMT disease, how surgeons investigate the foot, and different treatment approaches.



**Mr Karan Malhotra
Consultant Orthopaedic Foot & Ankle Surgeon**

In "Surgical Management of CMT - The Cutting Edge," Mr Karan Malhotra explored how technology has changed foot and ankle surgery for CMT patients.



**Emma Lines - Model and influential figure in fashion
and lifestyle**

Emma shared her journey of adapting to a wheelchair and stepping into a new kind of strength. As a model and advocate for the disabled community, she's rewriting the narrative around disability and beauty. Her powerful message: life is worth it, and so are you.

We were grateful to our sponsors: Dorset Orthopaedic, Crispin, Friendly Shoes.



Research

In 2024/25 CMTUK awarded a grant £40,000 over the following four years to the UK CMT Register. Although a comparatively small grant, this was crucial to UCL receiving the £1m funding for the Transform Project from MDUK.

Health Professional Awareness



Simon and Edyta from the office were joined by trustees Karin Rodgers and Wendy Kane at the **Foot and Ankle Show 2025 in Liverpool** where CMTUK had a stand. Wendy and Karin gave an excellent presentation at the show.

Over the two days we spoke to many podiatrists and foot care professionals about CMT, what CMTUK does, learnt about their roles and what level of contact they have with people with CMT and surveyed them to discover how we can work together in the future as well as talking to a whole variety of suppliers from orthotics to foot creams.



Foot and Ankle Show 2025 in Liverpool

ECMTF

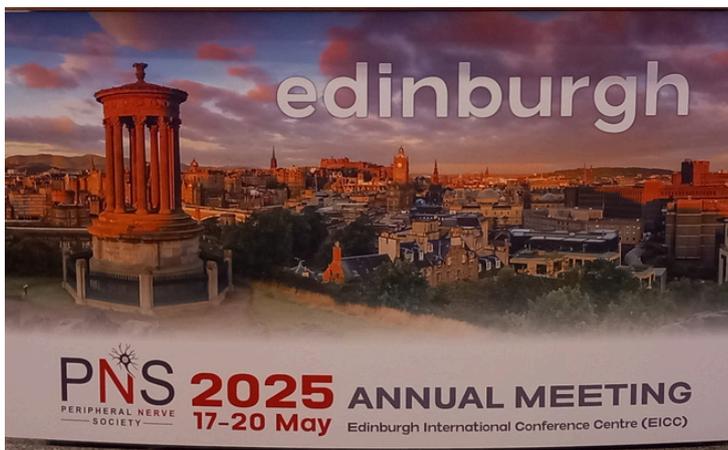


CMTUK remains an active member of the European Charcot Marie Tooth Federation. The federation continues to expand and to link with other European CMT patient organisations, as well as having associate members from a growing number of countries further afield. (ecmtf.org).

Peripheral Nerve Society (PNS)

The Peripheral Nerve Society is an international non-profit organization of scientists, physicians, and other healthcare providers working together to investigate and treat diseases of the peripheral nervous system.

They have an annual meeting each year and this year it took place in Edinburgh. Simon, along with other patient groups representatives, was invited to join the CMTA board on the day before to get an insight into what they are doing. It was an interesting day and helpful to understand a little more about the work our friends are doing. The PNS event itself was a good opportunity to meet those involved in CMT research from across the world and to hear how they are looking to find out how to combat CMT and its symptoms.



ComMenT

ComMenT has seen some changes in the year as it develops, we hope you like its new style. The featured interviews with Emma Lines, a model and influencer, and Jethro, who appeared on television's 'Into the Jungle with Ed Stafford' both showed different aspects of people's lives with CMT.

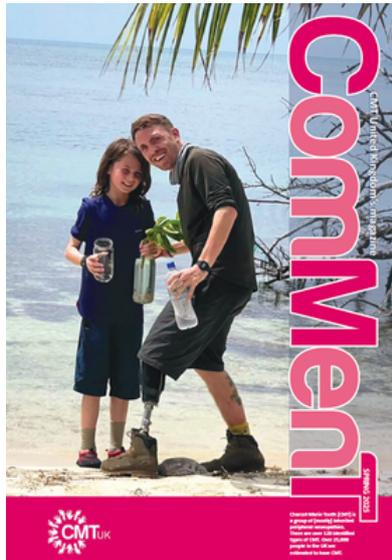
We also showcased different fundraising activities ranging from Michelle King's talks on traditional food and drink to Gordan Jackson's 200km walk in memory of his friend Kaare, Portia's London Marathon, Paul Newell's half Ironman, Alan Newham's full ironman and many others. Along with updates on CMT Kids and Big Kids, 'My Neuro Survey', the conference, research projects, and information in 'What is' (a brief explanation of different CMT conditions) and much more.

Katie Randall who has done an amazing job as Editor, on a voluntary basis, stepped down from the role towards the end of the year and the magazine is currently edited in house.



Winter 2024

SCAN ME



Spring 2025

SCAN ME



Summer 2025

SCAN ME



Fundraising

Without the amazing support of our members who continue to raise funds the charity would not be able to do all it does to continue - operate the help-line, share and maintain information, grow awareness, fund small research projects, run CMT Kids weekends.



Paul Newell - Cotswold Classic Half-Ironman



Alan Newham and Granddaughter Lexi Ironman Triathlon Challenge in Pembrokeshire



Lewis and Bass Stewart after completing the 100-mile "Full Red Trail" at Dalby Forest, North Yorkshire.



Geoff Elliott-Howell at ADAPT's CMT Coffee Morning



Olive Kettle who used her 100th birthday celebrations to raise funds and awareness of CMT.



Michelle King - educational talks to local community groups

Fundraising



Alan Beattie - The Rat Race Man vs Coast challenge



Tamara Hawkes - Great North Run 2025



Gordon Jackson – 200km for Kaare, walking in memory of a dear friend and fellow CMT warrior.



Cambrian Terry - 5k Inflatable Fun Run



Billy and Eileen celebrating their 65th Wedding Anniversary and fundraising with family.



Paul Burnett and Broadway Golf Club in the Cotswolds



Portia Smith completed the London Marathon in April 2025

Portia Smith - London Marathon 2025

The Team

Simon Bull Chief Executive
Lisa Yeates Accounts Manager
Kim Shires Information and Support Officer
Edyta Orzol-Bol Administration and Communications Officer

Plans for Future Periods

Health and Wellbeing Sessions

CMTUK is planning some Health and Wellbeing days across the UK and is currently working on the content and locations for these.

Website

A review of the website is being undertaken to make it more accessible and easier to navigate.

Conference

The 2026 Conference will be an in-person event on 25th April celebrating our 40th Anniversary.

Financial Review

During the year the charity received income of £134,326 (2024: £171,637) and had resources expended of £165,089 (2024: £181,387) this left a net deficit of £30,763 (2024 deficit: £9,750).

From this the charitable company had total funds carried forward of £230,123 (2024: £253,225).

Of these funds £186,168 (2024: £211,212) are unrestricted free reserves (unrestricted reserves less the NBV of tangible fixed assets), leaving £42,049 (2024: £39,273) as restricted funds.

A full breakdown can be found in note 28 of the financial statements.

Reserves Policy

The reserves policy is intended to provide a financial buffer against unforeseen circumstances and to ensure the charity's continued operation. The policy takes into account three areas (the three Ps) People, Property and Plans. The board look to maintain an amount not less than that needed to continue operating for six months. People – looking after our staff. Ensuring reserves include funds to cover any payments due to staff in the event that CMT United Kingdom were to cease activities.

Property – covering any contractual arrangements relating to the leasing of offices.

Plans – development of the charity and its activities.

Each of these should be reviewed annually to ensure that the reserves are adequate.

Risk Management

The Trustees review the major risks which the Charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the Charity and confirm that they have established systems to mitigate the significant risks.

Independent Examiner's Report to the Trustees of CMT United Kingdom

Independent examiner's report to the trustees of CMT United Kingdom ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended
30 September 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law)
you are responsible for the preparation of the accounts in accordance with the requirements of the
Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16
of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your
charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out
my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b)
of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection
with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than
any requirement that the accounts give a true and fair view which is not a matter considered as part of an
independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of
Recommended Practice for accounting and reporting by charities (applicable to charities preparing their
accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
(FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which
attention should be drawn in this report in order to enable a proper understanding of the accounts to be
reached.

Miss JA Richardson FCA FCCA DChA

Statement of Financial Activities
(incorporating an Income & Expenditure Account)
for the Year Ended 30 September 2025

	Notes	Unrestricted	Restricted	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	112,985	8,297	121,282	153,603
Charitable activities	4	9,466	-	9,466	8,598
Other trading activities	5	1,670	-	1,670	6,905
Investment income	6	1,896	12	1,908	2,531
TOTAL		<u>126,017</u>	<u>8,309</u>	<u>134,326</u>	<u>171,637</u>
EXPENDITURE ON					
Raising funds	7	17,080	-	17,080	3,215
Charitable activities	8	139,261	8,749	148,010	178,172
TOTAL		<u>156,341</u>	<u>8,749</u>	<u>165,090</u>	<u>181,387</u>
NET INCOME		(30,323)	(440)	(30,763)	(9,750)
Net gains and losses on investments		7,661	-	7,661	5,223
Movement in funds		(22,662)	(440)	(23,102)	(4,527)
Transfers between funds		10,053	(10,053)	-	-
RECONCILIATION OF FUNDS					
Total funds brought forward		213,952	39,273	253,225	257,752
TOTAL FUNDS CARRIED FORWARD	17	<u>201,343</u>	<u>28,780</u>	<u>230,123</u>	<u>253,225</u>

The notes form part of these financial statements

Balance Sheet 30 September 2025
Registered Company Number 05574584

	Notes	Unrestricted	Restricted	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible fixed assets	1	1,906	-	1,906	2,780
Investments	2	129,505	-	129,505	121,845
Total fixed assets	1 3	<u>131,411</u>	-	<u>131,411</u>	<u>124,625</u>
CURRENT ASSETS					
Debtors	1	5,977	3,875	9,852	9,218
Stocks	4	2,870	-	2,870	2,818
Cash at bank and in hand	1	63,798	24,905	88,703	122,921
Total current assets	5	<u>72,645</u>	<u>28,780</u>	<u>101,425</u>	<u>134,957</u>
CREDITORS					
Amounts falling due within one year	16	2,713	-	2,713	6,357
Net current assets		69,932	28,780	98,712	128,600
NET ASSETS		<u>201,343</u>	<u>28,780</u>	<u>230,123</u>	<u>253,225</u>
FUNDS OF THE CHARITY					
Restricted funds		-	28,780	28,780	39,273
Unrestricted funds		201,343	-	201,343	213,952
TOTAL FUNDS	17			<u>230,123</u>	<u>253,225</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2025. The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2025 in accordance with Section 476 of the Companies Act 2006. The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The notes form part of these financial statements

Notes to the Financial Statements for the Year Ended 30 September 2025

1 LEGAL FORM

CMT United Kingdom is a charity registered in the UK (registered charity number 1112370) and is a private company limited by guarantee, registered in England and Wales (registered company number 5574584). Further details can be found in the Trustee Report of these financial statements.

2 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

The financial statements have been prepared on a going concern basis.

Cash flow statement exemption

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Notes to the Financial Statements (continued) for the Year Ended 30 September 2025

2 ACCOUNTING POLICIES (continued)

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about wither the timing of the grant or the amount of grant payable.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating propret costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include costs attributable to the charity's complaine with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Fixed assets

Depreciation is provided on tangible fixed assets so as to write off the cost of valuation, less any estimated residual value, over the expected useful economic life. Office equipment is depreciated on a straight line basis at 20%.

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determind using the first-in, first out (FIFO)

Debtors

Debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their transaction price after allowing for any trade discounts due.

Notes to the Financial Statements (continued) for the Year Ended 30 September 2025

2 ACCOUNTING POLICIES (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pensions and other retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

3 DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations from individuals	107,174	144,130
Legacies	2,000	1,000
Gift Aid Income	12,108	8,472
Grants receivable	-	-
	<u>121,282</u>	<u>153,603</u>

4 INCOME FROM CHARITABLE ACTIVITIES

	2025	2024
	£	£
Support Services and local groups	9,466	8,598
	<u>9,466</u>	<u>8,598</u>

5 INCOME FROM TRADING ACTIVITIES

	2025	2024
	£	£
Sale of goods and services	1,230	681
Local fundraising	440	1,506
Property rental income	-	4,718
	<u>1,670</u>	<u>6,905</u>

6 INVESTMENT INCOME

	2025	2024
	£	£
Interest receivable	1,908	2,531
	<u>1,908</u>	<u>2,531</u>

Notes to the Financial Statements (continued) for the Year Ended 30 September 2025

7 EXPENDITURE ON RAISING FUNDS

	2025	2024
	£	£
Costs of generating donations and legacies		
a Other direct costs	1,045	1,094
Staff costs	<u>15,171</u>	<u>15,048</u>
	<u>16,216</u>	<u>16,142</u>
Costs of trading activities		
b Costs of goods sold	<u>863</u>	<u>2,121</u>
Total expenditure on raising funds	<u><u>17,080</u></u>	<u><u>18,263</u></u>

8 DIRECT COSTS OF CHARITABLE ACTIVITIES

	2025	2024
	£	£
Charitable events	19,215	16,594
Support services	29,324	21,590
Grant funding of activities	-	15,189
Staff costs	69,114	68,552
Allocated support costs	29,323	40,053
Governance costs	1,034	1,146
	<u>148,010</u>	<u>163,124</u>

Governance costs include the Independent Examination fee of £1,000 (2024: £1,000).

9 TRUSTEES REMUNERATION AND BENEFITS

There was no Trustees' remuneration or other benefits for the year to 30 September 2025 nor for the year ended 30 September 2024

Trustees' expenses

No trustees have received any reimbursed expenses or any other benefits from the charity during the year other than reimbursement of out of pocket expenses.

10 STAFF COSTS

The aggregate payroll costs were as follows:

	2025	2024
	£	£
Staff costs during the year were:		
Wages and salaries	78,753	72,353
Pension costs	<u>5,532</u>	<u>5,308</u>
	<u><u>84,285</u></u>	<u><u>77,661</u></u>

There are four employed members of staff (2024: 4). No employees received remuneration in excess of £60,000). (2024: nil).

Notes to the Financial Statements (continued) for the Year Ended 30 September 2025

11 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

All funds are unrestricted

	Unrestricted	Restricted	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	152,319	1,284	153,603	114,244
Charitable activities	3,192	5,406	8,598	8,960
Other trading activities	2,842	4,063	6,905	13,937
Investment income	2,531	-	2,531	3,936
TOTAL	<u>160,884</u>	<u>10,753</u>	<u>171,637</u>	<u>141,077</u>
EXPENDITURE ON				
Raising funds	18,263	-	18,263	14,976
Charitable activities	134,269	28,855	163,124	150,798
Other	-	-	-	-
TOTAL	<u>152,532</u>	<u>28,855</u>	<u>181,387</u>	<u>165,774</u>
NET INCOME	8,352	(18,102)	(9,750)	(24,697)
Unrealised gains	5,223	-	5,223	(12,225)
TRANSFERS	31,899	(31,899)	-	-
RECONCILIATION OF FUNDS				
Total funds brought forward	168,478	89,274	257,752	294,675
TOTAL FUNDS CARRIED FORWARD	<u>213,952</u>	<u>39,273</u>	<u>253,225</u>	<u>257,752</u>

12 TANGIBLE FIXED ASSETS

	Office Equipment £
COST	
At 1 October 2024	4,372
Additions	-
Disposals	-
At 30 September 2025	<u>4,372</u>
DEPRECIATION	
At 1 October 2024	1,592
Charge for year	874
Eliminated on disposal	-
At 30 September 2025	<u>2,466</u>
NET BOOK VALUE	
At 30 September 2025	<u>1,906</u>
At 30 September 2024	<u>2,780</u>

Notes to the Financial Statements (continued) for the Year Ended 30 September 2025

13 INVESTMENTS COST

At 1 October 2024	£
Additions/Disposals	121,845
Revaluation At 30 September 2025	-
	7,660
	<u>129,505</u>

NET BOOK VALUE

At 30 September 2025	<u>129,505</u>
At 30 September 2024	<u>121,845</u>

14 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other debtors	9,288	8,559
Prepayments	564	659
	<u>9,852</u>	<u>9,218</u>

15 STOCKS

	2025	2024
	£	£
Stocks	2,870	2,818

16 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	186	4,287
Social security and other taxes	1,035	1,070
Other creditors	492	-
Accruals and deferred income	1,000	1,000
	<u>2,713</u>	<u>6,357</u>

Notes to the Financial Statements (continued) for the Year Ended 30 September 2025

17 MOVEMENT IN FUNDS

	At 1 October 2024	Income (including gains)	Expenditure	Transfers	At 30 September 2025
Unrestricted General	213,952	133,678	156,340	10,053	201,343
Restricted					
Research	15,955	1,939	-	-	17,894
Projects	13,269	-	-	(13,269)	-
Local Groups	1,284	10	498	-	796
CMT Kids	1,046	6,360	8,251	3,216	2,371
Fulton Fund	7,719	-	-	-	7,719
Total	39,273	8,309	8,749	(10,053)	28,780
TOTAL FUNDS	253,225	141,987	165,089	-	230,123

	At 1 October 2023	Income (including gains)	Expenditure	Transfers	At 30 September 2024
Unrestricted	168,478	166,108	(152,533)	(31,899)	213,952
Restricted					
Research	54,299	2,523	(15,189)	25,678	15,955
Projects	16,741	115	(3,537)	50	13,269
Local Groups	3,516	-	(1,194)	1,038	1,284
CMT Kids	3,281	8,114	(7,184)	3,165	1,046
Events Fulton Fund	1,968	-	-	1,968	-
	9,469	-	(1,750)	-	7,719
TOTAL FUNDS	257,752	176,860	(181,387)	-	253,225

Research Fund Monies received for research: Management of pregnancy in Charcot Marie Tooth disease.

Projects Monies received for specific projects that have all been expended through the general fund and a transfer posted in the funds note.

Local Groups Income received into local groups and expenditure incurred locally.

CMT Kids To provide activities for children and young people living with Charcot Marie Tooth.

Events To attend events and activities which are relevant to the CMT Mission.

Fulton Fund Monies raised by a former member's daughter.

Notes to the Financial Statements (continued) for the Year Ended 30 September 2025

18 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted	Restricted	Total at 30 September 2025
Fixed assets	131,411	-	131,411
Current assets	72,645	28,780	101,425
Current liabilities	(2,713)	-	(2,713)
	<u>201,343</u>	<u>28,780</u>	<u>230,123</u>

	Unrestricted	Restricted	Total at 30 September 2024
Fixed asset investments	124,625	-	124,625
Current assets	95,684	39,273	134,957
Current liabilities	(6,357)	-	(6,357)
	<u>213,952</u>	<u>39,273</u>	<u>253,225</u>

19 LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:
Within one year £13,700 (2024: £13,000).

20 RELATED PARTY DISCLOSURES

Four Trustees donated £235 to CMT United Kingdom during the financial year ending 30th September 2025. (2024: £nil). No Trustees claimed for out of pocket expenses. (2024: £nil).

21 COMPANY LIMITED BY GUARANTEE

CMT United Kingdom is a company limited by guarantee and accordingly does not have a share capital.